

# COMPOST

## Food Scraps & Soiled Paper



# YES!

### Food scraps & beverages



- fruits, veggies
- bread
- rice
- pasta
- meat & fish\*
- bones\*
- shellfish\*
- egg shells
- dairy products\*
- salad dressing\*
- sauces\*
- coffee grounds
- coffee filters
- tea bags
- cooking oils & fat\*

### Soiled & other non-recyclable paper



- paper napkins
- paper towel
- tissues
- uncoated paper plates & cups
- oily pizza boxes
- waxed paper\*
- food-soiled or wet newspaper & paper bags
- flour, potato & sugar bags (no plastic liners)

### Other Materials



- hair & fur
- BPI certified compostable containers, wares and bags\*
- wood skewers

**\*DO NOT INCLUDE THESE ITEMS IN BACKYARD COMPOST BINS.**



# NO!

### NO Plastic-coated paper products

- refrigerated or frozen-food cartons
- coated paper plates or cups
- plastic coated butcher paper
- plastic lined flour, potato or sugar bags



### NO Glass, metal, or plastic

- plastic bags or wrap
- styrofoam meat trays
- plastic or metal utensils
- foil
- condiment packets
- creamer Cups
- butter cups or wrappers
- plastic straws or swizzle sticks



Compostable plastic items must be approved for composting.  
Visit [BPIworld.org](http://BPIworld.org) for more information.

### NO Human or pet waste

- soiled diapers
- kitty litter
- pet waste
- personal hygiene products



### NO Other materials

- rubber bands
- twist ties
- staples

# RCSWD

Rutland County  
Solid Waste District

(802) 775-7209  
[www.rcswd.com](http://www.rcswd.com)